



SYNAPSE

(Monthly health e-newsletter)

International Institute of Health Management Research,
Delhi

IMPROVING HEALTHCARE THROUGH RESEARCH



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IIHMR, Delhi works with a mission of improving standards of health through better management of healthcare and related programmes, prepare students for managerial positions with a focus on national and international healthcare management.

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HOSPITAL AND HEALTH INSIGHT

India to unveil new drug policy: Officials

India is expected to roll out a new drug policy and devise rules for clinical trials that may bring new projects to the country, a top Indian official have said. A team of Indian officials led by G N Singh, Drug Controller General of India, said a set of new procedures to facilitate clinical trials are expected to be unveiled shortly. The government, in consultation with stakeholders, has devised new rules that will require more information of the patients enrolling themselves for clinical trials, Singh said at the day-long conference organized by the 'USA-India Chamber of Commerce'. [Read more](#)

Cancer an Agni Pariksha for anyone, says Prime Minister Narendra Modi stressing on affordable treatment for all

Stressing the need to provide affordable health care to the poor, Prime Minister Narendra Modi today called on start-ups to make medical equipment indigenously to reduce dependence on import. The prime minister said the government's aim is to provide cheapest and best of health facilities to the poor and needy and it has thus, come up with a national health policy using a holistic approach after a span of 15 years. [Read more](#)

India can provide universal access to healthcare within 3 to 4 % of GDP: Ravi Duggal

In an interview with ETHealthworld, Ravi Duggal, Country Coordinator, International Budget Partnership, Mumbai, shares how India can achieve universal access to basic healthcare. WHO says that any country which can provide reasonable good healthcare services to its citizens must commit at least 5 percent of GDP. In India we have lower drug prices, large human resource pool and given those advantages we can actually provide good healthcare with

just 3 percent of our GDP. [Read more](#)

Bringing policies into practices in NCD Management of National Health Policy 2017

Two key principles in the National Health Policy (NHP) 2017 are 'Patient Centred and Quality of Care' & 'Inclusive partnerships'. These are strong pillars in view of the rising epidemic of Non- Communicable diseases (NCDs). The government aims to provide Primary Care Services and Continuity of Care denoting an important change from a very selective to a comprehensive primary health care package which includes geriatric health care, palliative care and rehabilitative care services & will be called Health and Wellness Centers. . [Read more](#)

Malaria to be eliminated from 15 states by 2020: Official



There has been a progressive decline in the number of cases of malaria and deaths due to it and the disease is likely to be eliminated from at least 15 states in another three years, according to the government. Malaria cases have consistently declined from two

million in 2001 to 0.88 million in 2013, although an increase to 1.13 million cases occurred in 2014 due to focal outbreaks, a data released by the National Framework for Malaria Elimination in India said. [Read more](#)

Medical tourism and wellness policy to be rolled out on June 21

The NDA government will roll out India's first Medical Tourism and Wellness policies on June 21, National Yoga Day, this year. To incentivise medical tourism and traditional Indian wellness programmes, the government has decided to get hospitals and wellness centres to register with the ministry's website and to also notify costs at which procedures or packages will be offered by them. [Read more](#)

EVENTS AT IIHMR' Delhi
MDP's @ IIHMR

Supply Chain Management Professional in Health care Organisations

17th – 19th July'17

Leadership and Management Program (LAMP) in collaboration with INCLEN

17th -26th August'17

Building and Leading Effective Teams

13th-15th September'17

For MDP details contact:

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Cyber Attack disrupting British NHS was international: Theresa May

A cyber attack which hit Britain's National Health Service (NHS) was declared as a major incident Friday night, with British Prime Minister Theresa May saying it was an international attack. Hospitals, health clinics, family doctor surgeries across England and Scotland were seriously affected. With at least 25 hospitals and health trusts hit in the attack, NHS Digital said there was no evidence patient data has been compromised. [Read more](#)

Stand up for human rights to – and through – health, experts urge Governments

The world is at a watershed moment that could lead to greater dignity for everyone throughout their lives, but only if Governments invest in the integral relationship between human rights and health specifically for women, children and adolescents, a UN-backed group of politicians and health and human rights experts has said. The High-Level Group is calling on Governments to take steps to allocate at least 5% of GDP for public health spending, which is the recommended percentage for achieving Universal Health Coverage. [Read more](#)

‘Brain chip’ may treat Alzheimer’s

Scientists, led by an Indian-origin researcher, have developed a new material that could allow brain cells to grow and form predictable circuits, an advance that may lead to the development of neural implants.

Such implants can help the brain recover after damage due to an accident, stroke or degenerative neurological diseases such as Alzheimer’s and Parkinson’s, researchers said. [Read more](#)

Chinese group buys world's No. 2 condom maker for \$600 mln

A Chinese consortium is buying Ansell Ltd's condom division, the world's no. 2 condom maker, for \$600 million, betting on surging demand in China as sex becomes less of a taboo subject and more emphasis is placed on public health education. According to a 2016 Transparency Market Research report, China's condom market is seen growing at 12 percent per year in the 2016 to 2024 period, despite the scrapping of the One Child policy - rising from a \$1.8 billion market in 2015 to over \$5 billion by 2024. [Read more](#)

QUICK FACTS

1. [Want to keep your mind sharp and active? Learn to play a musical instrument](#)
2. [Kids going through radiotherapy can recover better if allowed to watch cartoons](#)
3. [Healthy digestion to weight loss: 5 reasons why using ghee is the better option](#)
4. [Primary olive oil ingredient may help prevent brain cancer: Study](#)

UPCOMING CONFERENCES/ EVENTS

Hospital Planning & Infrastructure Exhibition & Summit

Date- 16, June'17

Venue- Radisson Blu Hotel,
Nagpur

Website-
<http://hospitalinfra.co.in/>

National Awards for Excellence in Healthcare

Date- 7 July'17

Venue-Taj Lands End,
Mumbai

Website-
<http://www.worldhealthcongress.com/award%20emailer%202.html>

InnoHEALTH-2017

Date- 18th-19th Sep'17

Venue- Shangri-La's Eros
Hotel, New Delhi

Website-
<http://innohealth.in/>

Tobacco kills 7 million a year, wreaks environmental havoc: WHO

In a report released ahead of World No Tobacco Day on May 31, WHO warned that the annual death toll of seven million people had jumped from four million at the turn of the century, making tobacco the world's single biggest cause of preventable death. The report detailed how growing tobacco often requires large quantities of fertilizers and pesticides, and it warned that tobacco farming had become the main cause of deforestation in several countries. [Read more](#)

RECENT RESEARCHES

Australian Researchers develop Diabetes Drug to replace Insulin Injections

Diabetes sufferers might soon be able to take pills to treat their condition, rather than inject themselves with insulin, a research by Australian scientists said on Friday. Research led by the University of Adelaide is testing safer and more effective drugs to treat type-2 diabetes. Successfully developing new treatments for type-2 diabetes would be considered a major health coup, with insulin injections often proving unsafe and ineffective. [Read more](#)

One-third death's worldwide due to cardiovascular diseases

In an alarming threat to global health, one in three deaths worldwide is caused by cardiovascular diseases (CVD), including heart diseases and stroke, a study has revealed. The researchers looked at the prevalence of CVD from 1990-2010 and found that CVD mortality first increased, then declined steeply with increasing SDI, only to plateau in the last few years. [Read more](#)

Zika mosquito may transmit Dengue with one bite

The primary mosquito that spreads Zika virus -- aedes aegypti -- might also simultaneously transmit chikungunya and dengue viruses with a single bite, says a study that sheds new light on co-infection. "A mosquito, in theory, could give you multiple viruses at once," said Claudia Ruckert, post-doctoral researcher at Colorado State University in US. In the study, published in the journal Nature Communications, the team infected mosquitoes in the lab with multiple kinds of viruses to learn more about the transmission of more than one infection from a single mosquito bite. [Read more](#)

REFLECTIONS

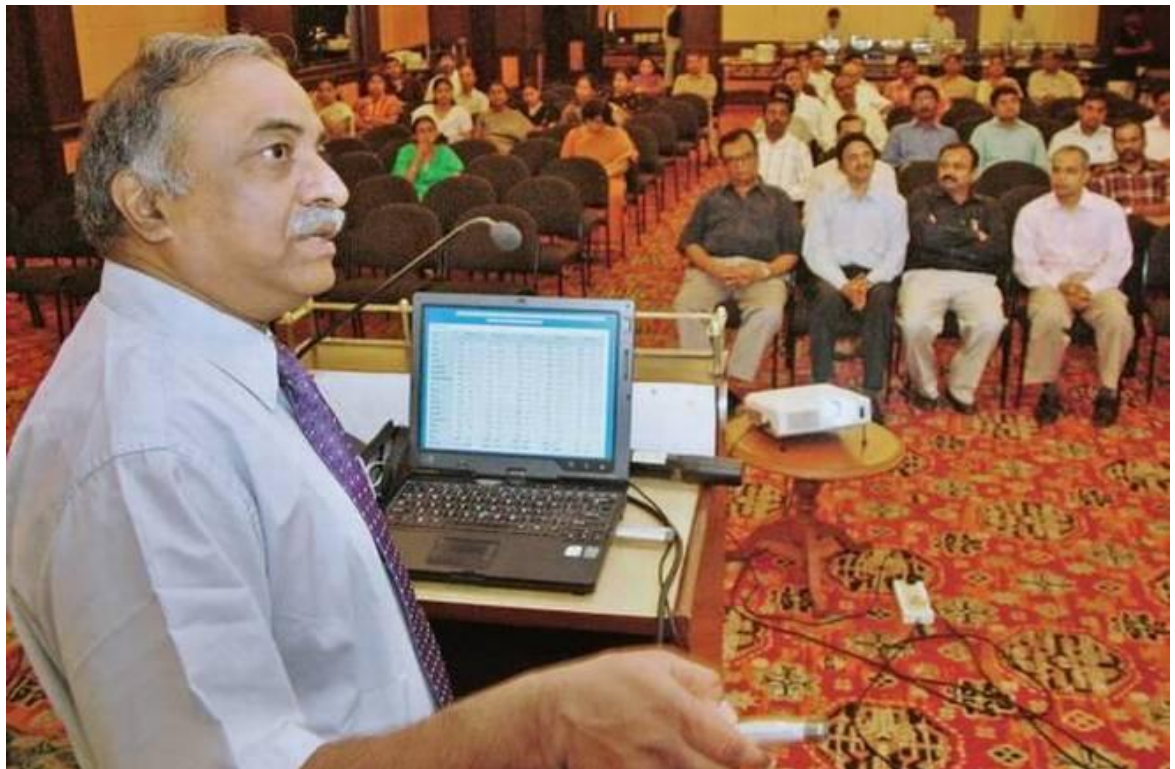
Learning session on National Policy on Health



Dr. Satish Kumar, Advisor, Public Health Planning, NHSRC sharing his insights in Learning Session on “National Policy on Health” on 27th May 2017 at IIHMR Delhi.

REVIEW PAGE

Odisha extends free cancer treatment to all districts



The Odisha government extended free treatment for cancer patients in the whole State from Tuesday. Under the programme, all cancer patients can avail chemotherapy and consultations from oncologists free of cost at all district headquarters hospitals. Renowned cancer specialist Dinesh Pendharkar is supervising the programme pro bono.

This is expected to reduce the burden on the Acharya Harihara Regional Cancer Centre (AHRCC), Cuttack. Apart from Odisha, patients from West Bengal, Jharkhand, Chhattisgarh and Andhra Pradesh critically depend on the AHRCC. Earlier, the same facilities were available in only 13 hospitals in the State.

Announcing free cancer treatments in all districts, Chief Minister Naveen Patnaik said, "Patients from rural areas and tribal-dominated pockets would be benefited immensely from the programme. This will help reduce the financial and psychological burden on people."

Moreover, radiotherapy centres will be set up at Nabarangpur, Jharsuguda, Angul and the Bhubaneswar Capital Hospital at an estimated cost of ₹ 40-50 crore per centre in the next two years. These centres would help detect cancer at a primary stage, said Mr. Patnaik.

In the first phase of the free cancer treatment programme, about 5,000 patients have been benefited.

NEWS IN PIPELINE

Scientists identify 100 memory genes, open new avenues of brain study



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Scientists have identified more than 100 genes linked to memory, opening new avenues of research to better understand memory processing in the human brain. A study at the Peter O'Donnell Jr. Brain Institute includes the results of a new strategy to identify genes that underlie specific brain processes. This strategy may eventually help scientists develop treatments for patients with memory impairments. The study published in *Cerebral Cortex* stems from previous research by Dr. Konopka that linked specific genes to resting-state brain behavior. [Read More](#)

HEALTH TIP



HEALTH BENEFITS OF DRINKING LEMON WATER

Lemon is a natural energizer; it hydrates and oxygenates the body so it feels revitalized and refreshed!

-  Boosts your immune system
-  Balances pH
-  Flush out unwanted materials
-  Decrease wrinkle and blemishes
-  Relieve tooth pain
-  Blood purifier
-  Cures throat infections
-  Excellent for weight loss

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NOTE:

The newsletter is open for inclusion of any information or advertisement; however selection of information will be governed by the SYNAPSE Team, IIHMR, New Delhi

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