IN THIS ISSUE:
- Hospital and Health insight
- Recent researches
- Upcoming conferences
- Events at IIHMR, New Delhi.
- Do you know??

UPCOMING CONFERENCES

National Patient Safety Conference
Date: 12-13 October 2009
Venue: Jawaharlal auditorium, AIIMS Delhi
Web: www.aiims.edu

5th National Conference of Telemedicine Society Of India
Date: 6-8 November 2009
Venue: Hotel Le Meridian, Pune
Email: bsratta@telemedicine09.com

Health Conclave 2009
Date: 18-19 November 2009
Venue: Indian Habitat Centre
Organised by: IIHMR, New Delhi
Web: www.healthconclave.co.in

Third International Healthcare Quality Conclave
Date: 25 November 2009
Organised by: Astron Health consultancy
Phone: +91-11-4214813/32
Email: contact@astronhealthcare.com

National Consultation on HIV Social Research Priorities in India
Date: 17-19 December 2009
Venue: TISS, Sant Trombay Road
Deonar, Mumbai
Email: nhsri@tiss.edu

SYNAPSE

HOSPITAL AND HEALTH INSIGHT OF THE MONTH

KERALA STATE ADOPTS PALLIATIVE CARE IN PHC
It is the first Government in the world to have integrated palliative care in primary healthcare system. In a study done in Malappuram district of Kerala, it was found that around 40 per cent of those people who are dying would have benefited from applying the principles of Palliative Care (PC) in their management. At present, there are around 100 palliative care units in Kerala. The guidelines stress the role of PHC, as the epicentre of the actual delivery of PC.

FOREIGN DEGREE WON'T DO TO BE A DOCTOR IN INDIA
Screening test will be mandatory for students who have got foreign MBBS degrees, in order to practice in India. It will also be mandatory for countries with which India has a reciprocity agreement including U.K., Ireland, Bangladesh and Nepal. The worst affected would be Indian students who had made believe for medical college in Nepal after the MCI refused to recognize medical degree from erstwhile USSR countries.

FREE TREATMENT: PRIVATE HOSPITALS UNDER LENS
Delhi government Health department has worked up to the rampant violation of the clause by almost all private hospitals which were given land. The department has decided to not only monitor the utilization of beds in such hospitals but also as instructed by High Court to inform patient in government hospitals about the option. At present few needy patient ever go to these hospitals for fear of running up huge medical bills.

STUDENTS TO GET SMART CARDS
As part of the school health scheme (SHS), the Delhi govt. is planning to introduce a 14-15 crore project of issuing small card to all 12 govt. & MCD aided schools. It would contain a 64 KB chip that would contain information regarding child’s medical history, anthropometric measurements, blood groups & allergies etc.

ALMOST HALF OF THE INDIAN CHILDREN SUFFER FROM MALNUTRITION
A report by the Britain-based Institute of Development Studies (IDS), says that at least 46 percent of kids in India aged below are suffering from malnutrition. “It’s the contrast between India’s fantastic economic growth and its persistent malnutrition which is so shocking,” Lawrence Haddad, Director of the IDS told The Times. The report says that India is an economic powerhouse, but is also the place where a third of the world’s malnourished children reside.
**DEHLI NOW HAS A DEDICATED WEBSITE FOR HOMEOPATHIC TREATMENT**

Making homeopathic treatment more accessible to people, Delhi CM Sheila Dikshit launched a dedicated website for homeopathy that will provide online treatment facility and give advice to people. The website www.homeo.delhigovt.nic.in will have details of all the Delhi government homeopathic dispensaries, general homeopathic medicines and remedies for various diseases.

**FDA HALVES GRACE PERIOD FOR ERRING PHARMA FIRMS**

Now, failure to respond within fifteen days of an FDA notice could immediately invite an official warning letter which will open doors for harsher actions and affect the companies’ chances of getting any new drug approved. India has the highest no. of FDA approved drug plants outside US. US regulators periodically inspect these facilities & warnings are issued to those who are found short on standards.

**CENTRE FOR HIGHER EDUCATION FOR DISABLED LAUNCHED IN U.P.**

Asia's first centre for higher education for the physically and visually challenged person—the Shakuntala Mishra rehabilitation university became a reality when the institution’s academic session was inaugurated by the Uttar Pradesh Chief Minister. Forty-five students have been enrolled in the opening session, the university houses a special education faculty for teaching subjects related with disability, besides other faculties.

**MOVE TO INCREASE PUBLIC PARTICIPATION IN HEALTHCARE**

Taking the pulse of India's health, an innovative year long programme has been launched to increase the participation of Indians as stakeholders in the countries’ health and wellbeing. This is an initiative of World Care Council, India Business Alliance, The Hindu, Public Health Foundation of India and other partners. The rationale behind this campaign is that wide participation of the population is required to contribute to the vision of future health of Indians.

**ANNUAL HEALTH SURVEY UNDER NRHM APPROVED**

The union cabinet approved the launching of annual health survey in Empowered Action Group (EAG) states to get feedback on the impact of scheme specially improvement in TFR, IMR at district level and MMR at regional level. Field work will commence during 2009-10, the results would come during 2010-11 done in 284 districts, undertaken by private agencies and supervised by officers of Registrar-General of India. On the basis of results, future planning would be done.

**RESEARCH WORK MUST TO GET PROMOTION-MCI**

Minimum service period for promotions has been reduced but research paper would be mandatory to get the promotion. Minimum service period required for promotion from assistant professor to associate professor rank has been reduced from 5 years to 4 years but at least 2 research papers would be mandatory. Similarly for promotions from associate professor to professor level, service period comes down from 4 years to 3 years but 4 research papers would be required.

**NEW BLOOD TESTS PROMISE SIMPLE CANCER DETECTION**

Two new blood tests could help doctors detect colon and stomach cancer simply, cheaply and early without the need for invasive procedures or unpleasant examinations. One test is developed by Belgian Biotech Firm Oncomethylome and another by Scientist in Germany. The Test use Blood samples to detect specific genetic signal of the disease.
THIRTIES ARE THE NEW FIFTIES FOR HEART DISEASE

The typical heart patient until five years back was his mid fifties. Now the man with blockages in heart is most probably in 30-39 age groups, according to Saffolalife study 2009. The study covering 8469 people found that 49.1% Indians were at high risk for developing heart diseases. On the eve of World Heart Day, the multi-city survey found that this bunch’s vital heart statistic—the ratio of total cholesterol and the good cholesterol (called HDL) — is too high at 4.5 to be termed healthy. Men from Mumbai and Chennai were worst off (with a high risk ratio of 49.6% and 53.8% respectively) as compared to men in Kolkata and Delhi (32% and 29.7% respectively). The survey attributed the difference in the risk rates for Mumbai’s men to longer commuting time, long working hours, unhealthy eating habits, lack of physical activity and erratic eating schedules.

BY 2010, 60% DEMENTIA PATIENTS WILL BE FROM INDIA

The World Alzheimer’s report 2009, said there would be 35 million people worldwide with dementia by 2010 and 60% of them would be free from low and middle income countries like India, rising to 70.5% by 2050. Report focused impact of dementia on caregivers. Statistics of report suggested that 40-75% of caregivers had significant psychological illness as a result of their caring and 15-32% have clinically diagnosable major depression.

IN A FIRST, AN AIDS VACCINE SHOWS SOME SUCCESS

Researchers conducted world’s largest AIDS vaccine trial of more than 16,000 volunteers in Thailand and announced that vaccine cut the risk of becoming infected with HIV by more than 31%. Study used the strains of HIV common in Thailand. Whether such a vaccine would work against other strains in world is unknown. That’s not good enough for immediate use, researchers say. Yet it is a watershed event in the 26 years since the AIDS virus was discovered. Recent setbacks led many scientists to think a successful vaccine would never be possible.

OBESITY IN WOMAN INCREASES RISK OF CANCER

In one study, nearly 6 crore women in India above 15 were found to be obese. A separate study found obesity to be leading cause of cancer these days. Obesity accounts for 20% of cancer deaths in women. Scientists think that fatty women produce more hormones which help cancer thrive. 20-30% of cancer of colon, breast, uterus and oesophagus are due to being overweight, lacking physical activity.